

CareDogs Befriending Service



CareDogs wants a future where older people feel less isolated and lonely, thanks to the companionship of dogs and better community connections. Our volunteers and their lovely dogs are here to walk with you 1-2 hours a week.

If you are eligible for our service, you will:

- Meet a CareDogs befriender and their canine friend
- Increase your physical mobility with a weekly walk

You are eligible for our service if you:

- Are over 55
- Like dogs but don't have one of your own
- Are looking to move more and get out and walk
- Live in our current operating boroughs of South London: Croydon, Bromley, Lewisham, Southwark or Lambeth

Please do get in touch if you, or someone you know, could benefit from our service:
[contact@caredogs.org.uk](mailto:contact@ caredogs.org.uk) | +44 7570 984565 | [@caredogscharity](https://www.instagram.com/caredogscharity) | [caredogs.org.uk](https://www.caredogs.org.uk)

CareDogs Charity, CVA Resource Centre, 82 London Road, Croydon, CR0 2TB

CareDogs is registered with the Charity Commission in England and Wales (1181339)